Thank you for expressing your interest in further research associated with the FIFO pregnancy research at the University of Western Australia. If you have delivered your baby and you are approximately 10 weeks post-partum, then we are inviting you to join our postnatal study.

**Purpose of the Study**
The major aims of this study are to find out if the absence of a partner in the context of FIFO work causes any problems after a baby is born, and how women manage those issues.

Postnatal depression is a common condition affecting women in the post-partum period, and it is important to diagnose. Previous research has shown that social supports (partners, family, friends, and care providers) are important in managing stress in the period after a baby is born. The wives and girlfriends of FIFO workers have different supports because the partners are away for work. There has been no other studies that have asked if the partners of FIFO workers are at an increased risk of postnatal depression because their partner is away.

**Aims of the study**
FIFO work is an important way of life that is going to continue into the future. We have two main aims for this study:

1. We want to know if the wives and girlfriends of FIFO workers are at an increased risk of developing postnatal depression
2. Is postnatal depression related to the supports women have?

**You are eligible to participate if:**
- You are over 18 years old
- You are 2-3 months post-partum
- Your partner works FIFO

**Participation in the study involves two steps:**
1. Give 5-10 minutes of your time to fill in the online survey.
2. Possibly talk to us in more detail about your supports. We will be conducting a short interview (performed over the phone or in person, whichever your preference). **Due to the limitations of time, not all participants will be able to be interviewed.** You will be informed in the event on an interview.

**Participation in this study will give you an additional entry in the draw to win the $500 Coles/Myer voucher and you will contribute to knowledge that may ultimately improve public health**

**How will your privacy be protected?**
Any information you provide will be kept strictly confidential. **No** personal information will ever be included in any published reports of the study. You are free to withdraw from the study at any time and you do not have to explain why. This will not affect your care in any way.

**Would you like to participate?**
- **If you found this Information Sheet on the website** please scroll to bottom and click on SURVEY. Follow the instructions to fill out the Consent Form, click AGREE.
and then click START SURVEY. Thank you in advance for your valuable time. If you are ready to do the survey online – START NOW

- If you want to do the survey using the printed format, please fill in the consent form that is separate to this Information Sheet and return it to Lauren Corso who will send you the printed survey. Thank you in advance for your valuable time.
- If you want a researcher to contact you before you make a decision, please contact us with your e-mail address or phone number so we can get in touch with you.

If you do not want to participate
If you do not wish to be contacted about future studies and you wish to be removed from the database, please contact Lorili Jacobs (lorili.jacobs@uwa.edu.au) or Lauren Corso (lauren.corso@uwa.edu.au)

Contact
This research is being undertaken by student researcher Lauren Corso, in conjunction with supervisors: Lorili Jacobs, Professor Helena Liira and Professor Angus Cook. If you would like more information, please contact Lauren Corso (lauren.corso@uwa.edu.au)

"Approval to conduct this research has been provided by the University of Western Australia, in accordance with its ethics review and approval procedures. Any person considering participation in this research project, or agreeing to participate, may raise any questions or issues with the researchers at any time. In addition, any person not satisfied with the response of researchers may raise ethics issues or concerns, and may make any complaints about this research project by contacting the Human Ethics Office at the University of Western Australia on (08) 6488 3703 or by emailing to humanethics@uwa.edu.au All research participants are entitled to retain a copy of any Participant Information Form and/or Participant Consent Form relating to this research project."

Please turn over