Thank you for indicating that you would like to participate in further research when you completed the survey for the FIFO Pregnancy Study. We are contacting you to as whether you would like to be involved the Coping with My Baby (CoMB) Study, which is being conducted by The University of Western Australia, School of Primary, Aboriginal and Rural Health Care. Involvement in this study is completely voluntary.

What is the purpose of the study?
People cope with good and bad situation in a number of different ways. We would like to better understand how women cope with the stressful events that occur during pregnancy. For this study, I would like to ask you some questions about your experiences during pregnancy.

This new study is part of the FIFO Pregnancy Study, which you have been already involved in. The more participants we have in this study, the more we can learn. Our ultimate goal is to gather knowledge that can improve the health and development of all children and families.

What are we studying?
The CoMB Study is a world 1st to ask how women’s cope during pregnancy when their partner works FIFO. Some people find pregnancy easy and others find it difficult. Sharing your experiences may help other mothers to cope with the stressors associated with the FIFO lifestyle.

Who can participate?
You are eligible to participate if you are:
- Over 18 years old
- Currently pregnant
- Have a partner who is working FIFO

What do you have to do to participate in this study?

Complete one short questionnaire
What are the survey questions about? The questions are about your current family, home and FIFO situation, and the ways that you’ve been coping with stress in your life since you found out you were pregnant.

How long will the questionnaire take? About 15 minutes.

Meet for a chat with the researcher. For this study we are requesting to meet you once.
How long will the chat take? Your opinions and ideas are very important. The meeting can be as long or as short as you prefer and we aim to find a location to suit you.
What will we chat about? Your wellbeing and what you have done to cope with stressful events during your pregnancy.

Consent to linking this information you provided in the FIFO Pregnancy Study
Why do you need this? This will give us more information about you, so that we can better understand pregnancy for women when their partner works FIFO. Any information you provide will still be kept strictly confidential.
How will you benefit from participating in this study?
If you participate in this study, you will contribute to knowledge that may ultimately improve public health.

How will your privacy be protected?
Any information you provide will be kept strictly confidential. No personal information will ever be included in any published reports of the study. You are free to withdraw from the study at any time and you do not have to explain why. This will not affect your care in any way. If you withdraw, you can ask for your records up to that date to be included or excluded from the study.

Would you like to participate?
- **If you would like to participate:** please go to FIFO-CoMB study web page using the link provided to fill in the consent form and answer basic questions about yourself. A researcher will then contact you to organise a time and meeting place for your interview, at your preference.
- **If you do not want to participate** and do not want to be contacted again please advise so on the FIFO-CoMB study web page using the consent form.

Contact us
This research is being undertaken by student doctor Jessica Ashburner in conjunction with supervisors: Professor Helena Liira and Ms Lorili Jacobs.

If you or anyone else would like more information please contact me, Jessica Ashburner. I will be overseeing all stages of the study.

Ms Jessica Ashburner B.Sc. (Hons)
The University of Western Australia
School of Primary, Aboriginal and Rural Health Care
E-mail: jessica.ashburner@uwa.edu.au

Alternatively you can contact:
Professor Helena Liira by telephone in office hours on 08 9346 7502 or e-mail helena.liira@uwa.edu.au

Approval to conduct this research has been provided by The University of Western Australia, in accordance with its ethics review and approval procedures. Any person considering participation in this research project, or agreeing to participate, may raise any questions or issues with the researchers at any time. In addition, any person not satisfied with the response of researchers may raise ethics issues or concerns, and may make complaints about this research project by contacting the Human Research Ethics Office at The University of Western Australia by calling (08) 6488 3703 during office hours or by emailing to hreo-research@uwa.edu.au. All research participants are entitled to retain a copy of any Participant Information Form and/or Participant Consent Form relating to this research project.